



Healthy Blaenavon Partnership

Thursday 16 November 5.30pm

Blaenavon Town Council Offices

Minutes

Attendees:

- | | |
|------------------------------|---|
| Cllr Nathan Matthews (Chair) | Mayor of Blaenavon Town Council |
| Amy Evans | Blaenavon Community Capacity Builder, Torfaen CBC |
| Ashleigh Taylor | The Hwb Torfaen |
| Emma Davies-McIntosh | Senior Programme Manager Integrated Wellbeing Networks & the Foundation Tier, ABUHB |
| Cllr John Hunt | Blaenavon Town Council |
| Cllr Janet Jones | Elected Member, Torfaen CBC |
| Cllr Nick Horler | Elected Member Torfaen CBC |
| Kath Mitchell | Community Capacity Builder Manager, Torfaen CBC |
| Kevin Warren | Chief Officer, Blaenavon Town Council |
| Joanne Lloyd | Health & Wellbeing Officer, Torfaen Voluntary Alliance |
| Lydia Parry | Bron Afon Community Housing |
| Sam Jones | Team Lead, North Torfaen Wellbeing Team |

Apologies:

Dave Leech, Alexis Williams, Greg Davies-Owens, Annalisa Beavan

Minutes of last meeting:

Agreed

Actions log:

| Date | Action | Responsibility | Update |
|-------------|--|-----------------------------------|---|
| 5/10/23 | To develop a logic model for interventions. i.e. if we do this how do we measure whether it's (a) reduced loneliness and social isolation, and (b) increased people's engagement with community groups | Dave Leech / Emma Davies-McIntosh | Pending confirmation of arrangements of Torfaen IWN support in absence of lead role |
| 5/10/23 | To consider whether Bron Afon could sponsor a small monthly award. | Lydia Parry | In progress, linked to discussion re sponsorship below |
| 5/10/23 | To put some ideas together for a comms plan for | Dave Leech | Pending update |



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| | consideration at the next meeting. | | |
| 5/10/23 | Link Lydia and Ashleigh to Wellbeing Friends group | Emma Davies-McIntosh | Complete |
| 5/10/23 | Blaenavon Town Council to include mention of the partnership in newsletter | Kevin Warren / Cllr Nathan Matthews | Complete |
| 5/10/23 | Elected members to link with local businesses | Cllr Nick Horler / Cllr Janet Jones | Pending update |
| 16/11/23 | BTC to put out social media posts for more 'good neighbours' stories | | |
| 16/11/23 | Workmens Hall to be booked for event and refreshments (offer from Bron Afon to pay for refreshments) | Amy Evans | |
| 16/11/23 | Good news stories to be printed and distributed across town | Amy Evans | |
| 16/11/23 | Send list of businesses / partner organisations / services that provide care in the community to Amy by 30 November | All | |
| 16/11/23 | Blaenavon Primary School to be approached in relation to Windows to Positivity | Ashleigh Taylor | |
| 16/11/23 | Approach Abersychan and Bryn Onnen schools | Emma Davies-McIntosh | |
| 16/11/23 | Remove password protection from Healthy Blaenavon website | Emma Davies-McIntosh | |

Good Neighbours Update

Lydia Parry / Amy Evans

Amy will now pick up the lead for this.

Preliminary date Thurs 25 January, 6 to 7pm in Workmens Hall – a single event, not 2 as previously discussed.

Targeted invites including local businesses, general community invite.

Speak and tell people what we are trying to achieve, what it is, what it looks like – someone from the partnership to do this.



Speak on wellbeing friends and what we are looking to achieve from wellbeing ambassadors

People sign up to the charter and WBF

Good news stories will start to be circulated ahead of the event.

Questions:

NH: What is the incentive for businesses to attend?

JH: Could we have badges, mark, etc similar to dementia friendly businesses. "**Be good, be kind, be Blaenavon**" suggested strapline with Healthy Blaenavon logo

How do we measure success? By community members who have actively pledged either written or online (see Ashleigh's bid for further information)

Windows to Positivity Presentation

Ashleigh Taylor

See presentation

Questions:

JJ: How do we target older and digitally excluded people? There will be different communications approaches for different audiences.

Communications & engagement

All

Newsletter gone to all houses in Blaenavon, some issues with delivery, potentially not reached everyone.

Any other business

All

Schedule dates for 2024 in advance

Date of next meeting

Thurs 7 December 5.30pm